

# Infection Control Plan

**Last updated 21/12/2023**

*The health and safety of our patients and staff is of utmost importance to us.*

*Our aim is to provide essential health services in an environment where the risks of exposure to infection is managed to the best of our ability.*

## Screening

- Patients are asked not to attend the Clinic if they are feeling unwell.
- Practitioners and staff have been advised not to come to work if they are feeling unwell. If they have any symptoms related to COVID-19, they are to complete a RAT. If they test positive, they are not to return to our premises until a self-isolation period of 5 days is completed and they are symptom free.

## Attendance/Record Keeping

- Our computerised record keeping system documents the date and time of attendance for all patients. Contact details for all patients are maintained in the record keeping system.
- The names of all practitioners and reception/administration staff working each day are documented. The Clinic holds the contact details of all practitioners and staff.
- Our Clinic is compliant with the Victorian Government's mandatory vaccination requirements. Practitioner and staff vaccinations status is recorded.

## Hygiene & Cleaning

- Hand sanitiser is in place in multiple sites throughout the premises for staff, practitioners and patients.
- Practitioners have completed the Australian Government Department of Health's COVID-19 Infection Control Training Course.
- Disinfection wipes or medical grade disinfection spray and paper towels are used in consultation rooms (to clean treatment couches) and in the Exercise + Rehabilitation Area.
- Disposable sheets are available to be used on the treatment couches or to cover pillows, if required.
- Any towels or the like are only for individual/single use.
- In the Exercise + Rehabilitation Area all users are asked to wipe down the equipment (with disinfection wipes or disinfection spray and paper towels) both before and after use.
- Group Exercise Class participants are advised to bring their own water bottle if required.
- Our premises are thoroughly cleaned daily by Natures Angels PL.

## Safety and Personal Protective Equipment (PPE)

- While masks are not mandatory on our premises, we respect a patient's preference to wear a mask and practitioners will offer to also wear a mask when consulting them.

## GENERAL HEALTH INFORMATION:

For COVID advice & more, visit <https://www.betterhealth.vic.gov.au/covid-19-victoria>